

## Shipping Instructions

### Shipping

You will find a Royal Mail pre-paid postal label in your kit addressed to Medical Diagnosis (Regenerus) Laboratories, Unit 12 Central Business Centre, Iron Bridge Close, Great Central Way, London, NW10 0UR.

Once the blood is collected, centrifuged, labeled and boxed for dispatch it can either be taken to a Post Office or placed in a post box, but please bear in mind collection times as the sample needs to be in the lab the next day.

Do **NOT** send the sample to Regenerus Labs, Redhill, RH1 5JY unless instructed to by customer services, under special circumstances.

## Medical Diagnosis Blood collection Instructions Homocysteine only



These instructions are for use from within the UK only. Read all instructions fully.

Please keep the box provided to return your sample in.

Contents
1 x SST (gold/yellow top)
1 x aliquot tube
1 x Royal Mail pre-paid label
1 x Requisition form
1 x security seal
Clear Zip Lock Back

If you are missing any elements from your kit please contact customer service on 0203 750 0870.

You can find a blood draw location from our website, [regeneruslabs.com](http://regeneruslabs.com), or chose one of your own.

### Blood Draw / phlebotomy Instructions

Minimum sample required is 5ml per vial. All gold / yellow top vials **MUST** be centrifuged and decanted into the aliquot tubes, failure to do so will mean rejection of your samples.

Draw blood into the SST gold/yellow topped tube provided. Invert each tube 8-10 times after the completion of the draw.

Stand the Gold SST samples for 15 minutes before centrifuging.

Place in centrifuge for 12-15 minutes at 3000 rpm until serum is separated.

Extract the separated serum only, from the Gold Top tube using the pipette provided and decant into the small clear aliquot tube. Label with the attached personalized label and add the date of the draw to the aliquot and the requisition form. Then discard the SST tube.

### Labelling

- Please ensure you use the attached patient identifier label on the sample tube and add the date of collection.
- Make certain your requisition form is completed and that the name matches exactly the tube of your blood sample.

### Packing

- Place all completed and labelled tubes into the biohazard bag and seal.
- Place bag into return shipping box (same box as kit arrived in) with completed paperwork.
- Seal box with the security seal provided.
- This specimen is ready for shipping and must be dispatched the same day as collection, to arrive at Medical Diagnosis Monday to Thursday only.

For assistance call 0203 750 0870

### When?:

Your blood draw should be booked for Monday to Wednesday. This is to ensure there is sufficient time for Royal Mail to deliver the sample to the lab.